

FIVE-YEAR PERFORMANCE DATA



GHG EMISSIONS ¹	2018	2019	2020	2021	2022
Scope 1 emissions – <i>million tonnes CO₂e</i>	3.4	3.8	2.3	2.5	3.0
Scope 2 emissions from purchased electricity – <i>million tonnes CO₂e</i>				0.4	0.35
Scope 1 emissions intensity ¹ – <i>tonnes CO₂e/MBOE</i>	20.2	19.5	14.1	12.6	12.0
Scope 1 & 2 emissions intensity – <i>tonnes CO₂e/mboe</i>				14.7	13.4
Methane emissions – <i>million tonnes CO₂e</i>	0.81	0.68	0.38	0.63	0.82
Methane emissions intensity – <i>tonnes CO₂e/mboe</i>	4.8	3.5	2.3	3.1	3.2

PRODUCTION	2018	2019	2020	2021	2022
Total gross operated production – <i>mboe</i>	170,922	195,712	165,865	179,822	222,730
Total gross production used for emissions intensity calculations ²				201,257	251,454
Gross drilled & completed wells	800	689	334	427	492

WATER MANAGEMENT	2018	2019	2020	2021	2022
Water Usage ³ – <i>mmb/l</i>	96.77	93.16	56.93	68.85	82.02
Total barrels of water recycled – <i>mmb/l</i>	6.71	12.70	6.10	6.00	3.78
Water Intensity – <i>bbl/BOE</i>	0.56	0.47	0.34	0.38	0.37

SPILL PREVENTION	2018	2019	2020	2021	2022
Total number of reportable spills ⁴	43	40	21	22	49
Volume of reportable spills – <i>bbl</i>	2,447	1,709	711	1,089	6,097
Spill Rate ⁵	0.009	0.007	0.004	0.005	0.021

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HEALTH & SAFETY	2018	2019	2020	2021	2022
Total workforce hours – million hours	29.8	28.4	14.9	19.8	31.5
Total Recordable Incident Rate (TRIR) – workforce	0.50	0.47	0.40	0.34	0.50
Contractor TRIR	0.47	0.44	0.37	0.38	0.52
Employee TRIR	0.90	0.69	0.55	0.08	0.36
Lost Time Incident Rate (LTIR) – workforce	0.19	0.06	0.09	0.10	0.14
Contractor LTIR	0.16	0.05	0.06	0.12	0.15
Employee LTIR	0.49	0.23	0.24	0.00	.07
Fatalities	0	0	0	0	1
Motor vehicle accident rate – per million miles	1.81	3.10	2.21	2.05	1.88

WORKFORCE	2018	2019	2020	2021	2022
Total number of employees ⁶	1221	1260	1201	1254	1402
Female employees – percent of workforce	27%	26%	26%	24%	23%
Minority employees – percent of workforce	10%	11%	11%	11%	12%
Median age	37	38	39	39	39
Years of service					
Less than 5 years – percent of workforce	56%	47%	43%	46%	50%
5-9 years – percent of workforce	34%	43%	45%	39%	32%
10-19 years – percent of workforce	7%	7%	9%	13%	17%
20+ years – percent of workforce	3%	3%	3%	2%	2%
Voluntary Turnover – percent of workforce	9%	9%	6%	7%	9%

¹ Emissions metrics for all years constitute the values most recently submitted to USEPA according to GHG Reporting Rule Subpart W, and in some cases have been updated from prior reported values.

² Intensity calculations for 2021 and 2022 were based on full-year emissions and production for assets acquired during those years. This pre-acquisition production is not included with Continental's production in any other reporting.

³ Water usage includes all water used in completions activities at operated facilities in 2022.

⁴ "Reportable spills" include all spills where > than 1 bbl was released offsite (non-freshwater).

⁵ Spill rate is calculated as the total volume of recordable spills per 1,000 bbl of oil and water produced.

⁶ Workforce statistics reflect year-end data.